Professor Katherine Samaras has published over 140 scientific papers, with her major focus on diabetes, obesity and obesity prevention and is actively engaged in projects that extend from the bedside to the bench. Katherine established metabolic health services on St Vincent’s Campus and is the Director of the Australian Centre of Metabolic Health at St Vincent's Clinic. Katherine has contributed to national and international policy for obesity prevention, particularly in the vulnerable groups of severe mental illness and intellectual disability. Her commitment to advocacy led her to accept the invitation to be the Clinical Spokesperson for NSW Health’s “Make Healthy Normal” Campaign. You may recognise her as the doctor in their TV commercial campaign. She has promised not to wag her finger at your food choices!